

Herbalife24 Prepare

Since inadequate oxygen reaching the muscles limits performance, Prepare's Nitric Oxide (NO) precursor system supports NO production, helping increase oxygen delivery to working muscles. Other ingredients include creatine, which supports fast-twitch muscle contraction required for explosive athletic movement.*

Herbalife[®]

Looking for guidance, tips or healthy recipes?

Talk to your Herbalife Independent Member



What are the key ingredients?

- Arginine
- Creatine
- Caffeine

How does it benefit you?

Pre-workout supplement. Please follow label directions: consume once a day prior to or during exercise.


How do I take it?

- Gently shake the canister prior to each use as contents may settle
- Mix 2 scoops into 16 oz. of water and consume once a day prior to or during exercise.

Always read the label – use only as directed. This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise program. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To learn more, visit [Herbalife.com.au](https://www.Herbalife.com.au)

All information is intended for your general knowledge only and is not a substitute for medical advice or treatment for specific medical conditions. These products are not intended to diagnose, treat, cure, or prevent any diseases. This information is not intended to replace the advice of your personal medical professional.

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