

# Protein Bar

Individually wrapped for convenient on-the-go use. Protein Bars give you a protein boost and satisfy your hunger. These delicious snacks help support your healthy weight management and active lifestyle goals.

# Herbalife

Over 9g  
of Protein

Healthy Protein  
Snack Bar



## What are the key ingredients?

Whey Protein: Commonly used by athletes to accelerate muscle development and recovery.

## How does it benefit you?

- Chewy protein bar that helps sustain energy.
- No artificial sweeteners or trans fats.
- Assists in the development and maintenance of lean muscle mass.
- Available in three delicious chocolate covered flavours.
- Combines protein and carbohydrates for sustained energy release.
- Provides more than 9g of protein per bar.
- Chewy protein bar that helps sustain energy.
- No artificial sweeteners or trans fats.
- Assists in the development and maintenance of lean muscle mass.

## How do I take it?

Enjoy one to two bars per day for nutritious snacking as part of a weight-management program.

## Who is it suitable for?

- Those who are looking for an alternative to calorie-dense snacks.
- Those who need additional protein.
- Satisfies hunger: Because the bars are high in protein, they can help stop hunger pangs and satisfy cravings.
- Snack alternative: Provides a delicious tasty treat, morning or afternoon.
- They contain plenty of protein which contributes to the growth of muscle mass.

## You might also want to try

Formula 1 Nutritional Shake Mix, Herbal Aloe Concentrate, Personalised Protein Powder and Instant Herbal Beverage.

Always read the label – use only as directed. This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise program. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision.

To learn more, visit [Herbalife.com.au](http://Herbalife.com.au)

All information is intended for your general knowledge only and is not a substitute for medical advice or treatment for specific medical conditions. These products are not intended to diagnose, treat, cure, or prevent any diseases. This information is not intended to replace the advice of your personal medical professional.



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