

Herbalife24 Hydrate

Hydration is the key to a good performance. Refill your body's electrolytes while staying hydrated with Herbalife24 Hydrate.

Herbalife

Looking for guidance, tips or healthy recipes?

Talk to your Herbalife Independent Member



B
Vitamins

Hydration

12 cals



What are the key ingredients?

- Vitamin C, Calcium, B Vitamins and Magnesium.

How does it benefit you?

- It contains Vitamin B1, B2 and B12 to support your energy production.
- Keeps you hydrated with essential minerals Calcium and Magnesium.

How do I take it?

Mix 1 stick pack with 500ml of water, shake vigorously.

Who is it suitable for?

- Those who lead an active lifestyle.
- Those who want to keep their body hydrated.
- Those who want to replenish their electrolytes.

You might also want to try

Herbalife24 Formula 1 Sport, Herbalife24 Rebuild Strength and Herbalife24 CR7 Drive.

Always read the label – use only as directed. This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise program. Not suitable for children under 15 years of age or pregnant women: should only be used under medical or dietetic supervision. Consume no more than one serving per day.

To learn more, visit [Herbalife.com.au](https://www.Herbalife.com.au)

All information is intended for your general knowledge only and is not a substitute for medical advice or treatment for specific medical conditions. These products are not intended to diagnose, treat, cure, or prevent any diseases. This information is not intended to replace the advice of your personal medical professional.



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