

Personalised Protein Powder

Herbalife

Besides being low in carbohydrates and calories, Personalised Protein Powder is also formulated with a blend of good quality soy and fast absorbing whey protein to support lean body mass while keeping you feeling full longer when mixed with Formula 1 Nutritional Shake Mix.

Looking for guidance, tips or healthy recipes?

Talk to your Herbalife Independent Member



Soy and Whey Protein

Healthy Weight Management

Muscle development

What are the key ingredients?

Whey Protein: Commonly used by athletes to accelerate muscle development and recovery.

How does it benefit you?

- Helps to supplement your protein intake.
- Contains approximately 5g of protein per level dessert spoon.
- Contains Soy and Whey protein.
- Contains no artificial colours.
- Mixes easily in any beverage, hot or cold, is unflavoured and can be sprinkled onto food.
- Adding Personalised Protein Powder to a Formula 1 shake increases your protein intake without adding extra carbohydrate calories.

How do I take it?

One dessert spoon (one serving) supplies 5g of protein. Take 1 to 4 servings daily.

Who is it suitable for?

- Those who want to boost and optimise their protein intake.
- Those who are practising weight management as it supports a feeling of fullness longer when combined with Formula 1 Nutritional Shake Mix.
- Those who want support in building lean body mass.
- Those who want to enjoy a healthy, low-calorie protein snack or meal.
- Those whose diet may lack protein.

You might also want to try

Formula 1 Nutritional Shake Mix, Herbal Aloe Concentrate, Instant Herbal Beverage, Active Fibre Complex and Formula 2 Multivitamin Complex.

Always read the label – use only as directed.
Contains milk and soybean ingredients.

To learn more, visit Herbalife.com.au

All information is intended for your general knowledge only and is not a substitute for medical advice or treatment for specific medical conditions. These products are not intended to diagnose, treat, cure, or prevent any diseases. This information is not intended to replace the advice of your personal medical professional.



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