

# NRG

NRG tablets provide you with the benefits of one of nature's most energising herbs – Nature's Raw Guarana.

# Herbalife<sup>®</sup>

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or healthy recipes?

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Independent Member



Guarana\*

Energy Boost

## What are the key ingredients?

Guarana\*

## How does it benefit you?

- Provides a gentle boost
- Reduces fatigue

## How do I take it?

Take one tablet up to two times per day.

## Who is it suitable for?

- Those who want an additional boost of energy.
- Those who want to maintain mental alertness.
- Those who feel fatigue and restless during the day.

## You might also want to try

Formula 1 Nutritional Shake Mix, Personalised Protein Powder, Herbal Aloe Concentrate, Active Fibre Complex, and Formula 2 Multivitamin Complex.

Always read the label. Use only as directed. Contains caffeine.

Adult only. Each tablet contains total 32 mg caffeine. A cup of instant coffee contains approximately 80mg of caffeine. Caffeine intake more than 200 mg per day is not recommended during pregnancy or breastfeeding.

To learn more, visit [Herbalife.com.au](https://www.Herbalife.com.au)

All information is intended for your general knowledge only and is not a substitute for medical advice or treatment for specific medical conditions.

These products are not intended to diagnose, treat, cure, or prevent any diseases.

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